

## Shiatsu Therapy For Horses Know Your Horse And Yourself Better Through Shiatsu Hardback

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### Shiatsu Therapy For Horses Know

A sister therapy to acupuncture, it employs finger pressure to gently stimulate the body's natural healing ability. Touch is also an extremely important method of communication between individuals of one species and between species, and horses are particularly responsive to both the healing and the communicating touch of Shiatsu.

### Shiatsu Therapy for Horses: Know Your Horse and Yourself ...

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### 9780851318479: Shiatsu Therapy for Horses: Know Your Horse ...

Shiatsu Therapy for Horses. Shiatsu is a gentle, deeply effective holistic system of health care. It comes from Asia and has been developing for over 5,000 years.

### Shiatsu Therapy for Horses by Pamela Hannay

A sister therapy to acupuncture, it employs finger pressure to gently stimulate the body's natural healing ability. Touch is also an extremely important method of communication between individuals of one species and between species, and horses are particularly responsive to both the healing and the communication touch of shiatsu.

### Shiatsu Therapy for Horses : Know Your Horse and Yourself ...

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### Shiatsu Therapy for Horses : Know Your Horse and Yourself ...

Shiatsu is a form of Japanese physiotherapy which can be used to treat a wide variety of issues. The majority of the work covers soft tissue injuries and movement dysfunction, such as tight muscles and stiff joints. It is safe and suitable for most horses, both to deal with specific physical concerns, and to manage stress, mental and emotional health problems.

### What is Equine Shiatsu? | The Equine Shiatsu Association

Shiatsu Therapy for Horses, by the late Pamela Hannay, provides a comprehensive and practical guide to shiatsu techniques. The excellent illustrations show exactly how each exercise is to be carried out, and the exercises themselves are explained in detail and with great clarity.

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## **Shiatsu Therapy for Horses: Know Your Horse and Yourself ...**

Shiatsu is a Japanese word meaning "finger pressure". It is a practical everyday hands on therapy based on the same principles as acupuncture and acupressure. Equine Shiatsu uses a pressure that gently stimulates the body's natural healing ability. To find a shiatsu therapist in your area go to: [www.equineshiatsu.org](http://www.equineshiatsu.org)

## **Equine Shiatsu - The Guide to Equine Natural Health**

Instead Shiatsu is based on finger pressure applied at "acupressure points", which gently stimulate the natural healing ability of the body. In Shiatsu there are 12 meridians, each of these is believed to have a powerful effect on the horses health. Meridians are a foundation of traditional chinese veterinary medicine (TCVM).

## **Shiatsu for Horses & Dogs**

Equine-assisted psychotherapy incorporates horses into the therapeutic process. People engage in activities such as grooming, feeding, and leading a horse while being supervised by a mental health professional. Goals of this form of therapy including helping people develop skills such as emotional regulation, self-confidence, and responsibility.

## **Equine Therapy for Mental Health: Benefits and Things to ...**

In 2003, she opened Roseheart Kingdom a 'Therapy Centre for People & Animals' in Shropshire, which is the only centre in the world where you can receive treatments and learn the ancient Japanese art of Shiatsu for People, Horses and Dogs. It became the permanent base for the existing complementary therapy practice that was established in 1996.

## **Shiatsu for People, Horses & Dogs with Jacqueline Molony ...**

Shiatsu for Horses Shiatsu is a form of acupressure, a sister therapy to acupuncture using hands instead of needles, working along the energy channels and pressure points of the body, to rebalance the body as a whole. 75

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## **Shiatsu therapy for horses : know your horse and yourself ...**

This means that Equine Shiatsu can also be used as a preventative measure, is an excellent aid to general good health, and can be used as a complimentary therapy to other treatments a horse may be receiving. Cleo's shoulder loosening off nicely after some work

## **Equine Shiatsu: A Complimentary Therapy - Megan Simpson ...**

Shiatsu is typically done on a low massage table or on a mat on the floor. Although the sequence is often similar to other types of massage, no massage oil is used, so it is usually done with the client fully clothed in loose, comfortable clothing.

## **What You Can Expect From a Shiatsu Massage**

2002, English, Book, Illustrated edition: Shiatsu therapy for horses : know your horse and yourself better for shiatsu / Pamela Hannay ; photographs by Vincent Giaquinto. Hannay, Pamela. Get this edition

## **Shiatsu therapy for horses : know your horse and yourself ...**

A sister therapy to acupuncture, it employs finger pressure to gently stimulate the body's natural healing ability. Touch is also an extremely important method of communication between individuals of one species and between species, and horses are particularly responsive to both the healing and the communicating touch of Shiatsu.

## **Amazon.com: Customer reviews: Shiatsu Therapy for Horses ...**

Shiatsu has become popular in the Western world over recent years. Many complementary therapy centres offer shiatsu. The principle behind shiatsu is related to the energy flow, known as Ki or Qi (pronounced chee), through your body. According to shiatsu therapists, disruption to this energy flow can cause illness and disease.

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