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Scattered Minds explodes the myth of attention deficit disorder as genetically based - and offers real hope and advice for children and adults who live with the condition. Gabor Maté is a revered physician who specializes in neurology, psychiatry and psychology - and himself has ADD.

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Feeling Overwhelmed, Disorganized, Scattered? Is it just stress, or could you be a woman struggling with undiagnosed Attention Deficit Disorder? by Kathleen G. Nadeau, Ph.D. Editor, ADDvance A Magazine for Women with Attention Deficit Disorder

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Attention deficit hyperactivity disorder (ADHD) affects about 5 percent of children, and about half of them will carry those symptoms into adulthood, says the American Psychiatric Association.

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Buy Scattered: How Attention Deficit Disorder Originates and What You Can Do about It Reissue by Mate, Gabor (ISBN: 8601401174592) from Amazon's Book Store. Everyday low prices and free delivery on eligible orders.

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Gabor Maté, a Vancouver physician, is the author of the bestselling book about attention deficit disorder, Scattered Minds. He has been a family physician for over twenty years, a palliative care specialist and a psychotherapist; he is also staff physician at a facility for street people in Vancouver's downtown

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